

MAGGIO 2023



# MAIL ART 4 SENIORS

INSIEME



## MAILART

In questa ultima newsletter vorremmo condividere con voi le nostre attività di divulgazione per i due anni di progetto. A parte il fatto che ci siamo dedicati a laboratori di formazione per educatori adulti e anziani e alla creazione di bellissimi lavori di mailart, siamo stati entusiasti di diffondere il nostro lavoro a un pubblico più ampio.

Seguono alcuni eventi e attività a cui abbiamo partecipato.

SIAMO STATI PUBBLICATI  
IN RIVISTE REGIONALI



ABBIAMO  
PRESENTATO  
UNA MOSTRA

Mail Art Combined



Postitaidenäyttely 30.9.-9.10.2022  
avooinna: mo-pe 12-18, la-su 12-16  
Terde - Finlayson, Tampere

Modus



30/09/2022

Mail Art Combined mail art  
exhibition

The Mail Art Combined exhibition, produced by the Pirkanmaa Design and Art Industry Association, presents both traditional and modern mail art made by designers and artisans. Organizer: Pirkanmaa design and art industry association Modus ry

SIAMO STATI MENZIONATI  
IN VARI SITI WEB



April 30, 2022 In Erasmus by IspisJulia /  
Art Therapy Exercises for the Elderly: a project in Finland

The Erasmus+ project "MailArt4Seniors" is dedicated to art therapy for the elderly. With this project we intend to develop useful art therapy exercises for all those who have been isolated during the Covid period.

In particular we will focus on Mail Art, a technique that was born in the 1920s in Italy and which is based on the exchange of works of art by post.

The project will develop a lot of content that you can access for free thanks to Erasmus+:

- a MailArt guide to learn about the technique and its applications
- a training course - which can be replicated by educators - to develop Mail Art methods for the elderly
- an e-learning platform that will strengthen skills

How to do art therapy exercises for the elderly

There are many methods of promoting art therapy for the elderly. Some of these will be developed in the project. And this is exactly what we talked about at the Erasmus+ Project Meeting in Tampere. In this meeting we had the honor of having the Lithuanian Ambassador Giedrius Kazakevičius together with Taina Laaksonen from the Modus Association and project representative.



ABBIAMO FATTO  
CIRCOLARE STRISCIONI  
AI FESTIVAL

ABBIAMO REALIZZATO UN  
WORKSHOP IN UN MUSEO  
POSTALE



23

SATURDAY, APRIL 23, 2022 AT 12:00 PM - 4:00 PM UTC+03

Postitaidepajat: Kesän köynnöksellä ja Lähetä läheisyyttä  
Museokeskus Vapriikki

Apr 23, 2022 Apr 24, 2022 Apr 27, 2022

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of the European Union



#MailArt4Seniors | www.mailart4seniors.eu/

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